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September is Hunger Action Month - working together to raise awareness on hunger in America

More than 50 million people in the US face hunger; wear orange to show your support on Sept .8th

Texarkana USA August 25, 2016 - Hunger advocates in Texarkana and across the country will be wearing orange on September 8th in an effort to raise awareness of the estimated 50 million people in the US who face hunger. It's just one of the many awareness events taking place throughout the month of September in recognition of Feeding America's Hunger Action Month - a month-long campaign to help end hunger in our country.

Starting September 1st, Harvest Regional Food Bank and other food banks in the Feeding America network, will host events throughout the month to inspire people to take action to help the millions of people who are food insecure in the United States. These events are part of Harvest Texarkana's '30 Ways in 30 Days Campaign,' identifying simple ways the public can pitch in toward the effort to eliminate hunger in our region.

Harvest Food Bank will kick off national Hunger Action Month on Tuesday, September 8th, with their annual luncheon at noon at Williams Memorial United Methodist Church. The luncheon will feature guest speakers on the impact of hunger, including James Henry Russell, Texarkana Community College; Yvonne Bond, School Counselor; Jennifer Laurent, Randy Sam's Homeless Outreach and Lisa Mitchell, Williams UMC Pantry Program. Tickets for the luncheon are \$10 and reservations can be made by calling 870-774-1398. Carry out lunches can also be ordered in advance.

According to Camille Wrinkle, Executive Director of Harvest Regional Food Bank, over 50,000 people struggle with hunger in the Texarkana area. "Hunger doesn't have a season, but for the month of September, we want to raise as much awareness as possible about the issue, especially in our own community. One in 6 adults and 1 and 4 children deal with a lack of food. These are the people we live and work with every day."

Texas Roadhouse, Orange Leaf Frozen Yogurt, Taste and See Candies, Anderson Orthodontics, Julie's Deli, Fairfield Inn and many others will all hold special promotions to benefit the food bank. Several volunteer events are also scheduled for the month and Hunger Action Month t-shirts can be ordered from Harvest Regional Food Bank for \$12.



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The full 2016 Hunger Action Month calendar can be found on the Harvest Regional Food Bank website at www.harvestregionalfoodbank.org or on their Facebook page at www.facebook.com/harvesttxk. To learn more about Hunger Action Month nationally, please visit www.hungeractionmonth.org.

About Harvest Texarkana Regional Food Bank

Harvest Texarkana Regional Food Bank

Harvest Texarkana Regional Food Bank is the food bank serving Bowie Co Texas as well as the southwestern corner of Arkansas including Miller, Lafayette, Hempstead, Little River, Sevier, Howard, Pike, Nevada and Columbia Counties. Our mission is to eliminate hunger in this region through food distribution and education. Formed in 1989 as a food rescue organization, Harvest Texarkana has grown to a full service food bank distribution center providing nearly 2.3 million pounds of food in 2014 to over 100 partner hunger relief agencies. Harvest Texarkana continues to serve as a food rescue operation, collecting excess prepared foods for local shelters and soup kitchens. Harvest Texarkana also operates a backpack program serving 25 campuses in 9 school districts as well as providing resources to agencies to operate backpack programs in the districts outside Texarkana. More information can be found at www.harvesttexarkana.org or by liking us on Facebook at facebook.com/harvesttxk.

HUNGER ACTION MONTH™



SEPTEMBER 2016
HungerActionMonth.org

SUN	MON	TUE	WED	THU	FRI	SAT
<p>1 in 6 Face Hunger, All of Us Can Help</p>				<p>1. Turn your porch orange with an orange light bulb. Stop by Harvest to get your light bulb!</p>	<p>2. Drop off a donation at Ledwell Machinery or Ledwell Office anytime in September.</p>	<p>3. Stop in Julies Deli for a GO ORANGE cupcake – First two weeks of September.</p>
<p>4. Post this calendar on the office or home fridge!</p>	<p>5. Labor Day! Collect food from BBQ guests for the Food Bank.</p>	<p>6. Like Harvest Regional Food Bank on Facebook!</p>	<p>7. Raising Cane's: 15% of sales will benefit Harvest when presenting flyer or mentioning the Food Bank</p>	<p>8. Go Orange & attend Hunger Action Month Luncheon at Williams UMC 12:00pm.</p>	<p>9. Drop off a donation for Harvest at Anderson Orthodontics all September. They will match lb. for lb.!</p>	<p>10. Clean out your pantry and make a donation to Harvest.</p>
<p>11. Grandparents Day! Send a donation to the Food Bank in their honor.</p>	<p>12. Take a plate selfie and tag it on social media using #hungeractionmonth</p>	<p>13. Texas Roadhouse: 10% of food sales will benefit Harvest when presenting flyer posted on Facebook.</p>	<p>14. View poverty statistics for your county at <i>Map the Meal Gap!</i> feedingamerica.org/mapthegap</p>	<p>15. Make coffee at home and donate what you would have spent to the Food Bank.</p>	<p>16. Stop in Taste & See! 15% of all gelato sales go to Harvest Regional Food Bank!</p>	<p>17. Do you know someone with extra garden produce? Tell them about our Gleaning Program!</p>
<p>18. Organize a food drive!</p>	<p>19. Raising Cane's: 15% of sales will benefit Harvest when presenting flyer or mentioning the Food Bank</p>	<p>20. Harvest Volunteer Day! Call Harvest for available time slots!</p>	<p>21. Fairfield Inn Cereal Drive & Cookout 5:30 at Texarkana, TX location.</p>	<p>22. Take a plate selfie and tag it on social media using #hungeractionmonth</p>	<p>23. Purchase your ticket to Taste of Texarkana. October 18th benefiting Harvest Regional Food Bank!</p>	<p>24. Stop by the ATV show at Gander Mtn. and grab some food! A portion of sales will benefit Harvest.</p>
<p>25. Donate 10 non-perishable items to the Food Bank!</p>	<p>26. Texas Roadhouse: 10% of food sales will benefit Harvest when presenting flyer posted on Facebook.</p>	<p>27. Donate your status for hunger!</p>	<p>28. Orange Leaf: Go get some frozen yogurt! 15% of all sales will benefit Harvest!</p>	<p>29. Contact the Food Bank to schedule a tour of our facility!</p>	<p>30. Retweet or share a Food Bank post on social media.</p>	<p>Together We Can Solve Hunger</p>

THROUGHOUT SEPTEMBER:

Ledwell Machinery or Ledwell Office is accepting donations anytime in September.

Anderson Orthodontics is accepting donations throughout September. Existing patients will receive one point on rewards card for each item!

Purchase tickets to the 25th annual Taste of Texarkana! Tuesday, October 18th at the Four States Fairgrounds Arena.

Don't Forget to get your orange light bulb!

THANK YOU TO
OUR HARVESTER'S
CLUB PARTNERS

To find out how you or your business can become part of the Harvester's Club please call us at 870-774-1398.



HARVEST REGIONAL FOOD BANK

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