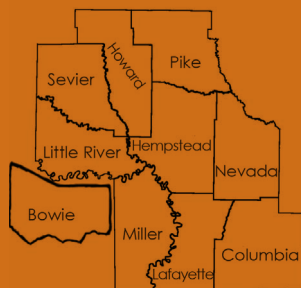


COUNTIES SERVED



# THE DISH HARVEST

## REGIONAL FOOD BANK

MEMBER OF  
**FEEDING  
AMERICA**

## A STORY OF HIDDEN HUNGER

For Regina Walker, receiving help from a food pantry was never something she thought she would need. She was gainfully employed, and helping to provide for the needs of her family. Then, two years ago, the unexpected happened. Regina suddenly found herself without a job, and without the income she relied on to make ends meet. “Who is going to hire someone my age,” Regina remembers thinking. “It was not a good time to be unemployed.” They still had the same bills to pay – a mortgage, insurance, and medicine for her husband, who was in bad health.



Alethea Doud, who coordinates the Faith Assembly of God pantry, remembers offering her words of empathy. “I told Regina the same thing I was told

That’s when a friend convinced Regina to visit a food pantry. “It was very emotional,” she recalls. “I didn’t want to do it, but I **needed** help.”

*when we started our pantry – a box of food is not a hand out, it is a hand up.”* And the box of food Regina started receiving from the pantry was a hand up until she could get back on her feet.

“... a box of food is not a hand out, it is a hand up ...”

In the ten counties served by Harvest Regional Food Bank, over 55,000 people are food insecure. And, according to Executive Director, Camille Coker Wrinkle, food insecurity doesn’t always look the way you think it would look. “Hidden hunger is more common than most people think. Just because someone doesn’t look like they would be struggling, doesn’t mean they aren’t having to choose between buying groceries that week, and paying for another necessity, like housing or medicine.”

Regina’s story, like many others, reminds us of the age old saying, “don’t judge a book by its cover.” The help she received in her time of need, was not just a gift of food, but one of hope. “I could not have made it without the prayers of my friends,” Regina states. “And I couldn’t have made it without the Food Bank.”

## HARVEST REGIONAL FOOD BANK 2018 BOARD OF DIRECTORS

**Adra Hallford, President**  
*City of Texarkana, TX*

**Mike Ingram, Vice President**  
*EZ Mart Stores, Inc*

**Marla Runion, Treasurer**  
*BancorpSouth*

**Julie Furlow, Secretary**  
*Julie's Deli & Market*

**Jason Clanton, Past President**  
*Curt Green & Company*

**George Matteson, Legal Counsel**  
*Moore, Giles & Matteson, LLP*

**Josh Andrus**  
*Edward Jones*

**Brad Carlow**  
*Texarkana Tractor Company*

**Frankie Conway**  
*Super 1 Foods*

**Chuck Cordell**  
*Wal-Mart*

**Andi Darby**  
*TownSquare Media*

**Michael Hawkins**  
*Ledwell Machinery*

**David Howry**  
*Flowers Bakery*

**Leon Pesek**  
*Retired, Community Leader*

**John Phillips**  
*Phillips & Sons Refrigeration*

**Carolyn Ramsey**  
*Wells Fargo*

**Marla Runion**  
*BancorpSouth*

**Michelle Shores**  
*McLarty Ford*

**Yolanda Thomas**  
*Family Liberty Life Insurance*

**Camille Coker Wrinkle**  
*CEO/Executive Director*



## LETTER FROM THE CEO

Dear Hunger Partners,

As the holidays approach, and 2018 comes to a close, I have been thinking a lot about “seasons.” We all go through seasons in our lives. Some of them joyful, abundant seasons, and some of them not so joyful, or abundant. I would like to think a big part of our job here at Harvest is to help our neighbors through the rough “seasons” in their lives.

We recently hosted our annual Hunger Action Month kick-off luncheon, where we recognize volunteers, donors and agencies. Each year, I am more impressed than the year before, with the generosity of people who use their time and resources to give food and hope to those who need it most. And, I have been more than impressed – in awe, really – of those who have bravely stood before the crowd to share their story of struggle and hunger. Stories, like that of Regina, who never thought she would need a food pantry, but found herself in a season of need. Regina didn’t have the “look” that some people associate with food insecurity, but that is because hunger doesn’t have a “look.” Food insecurity can happen to anyone. And once you know Regina’s story, you realize she could easily be your neighbor, your friend, maybe even someone in your family. It only takes one event to start the domino effect that leads to food insecurity, and sometimes you have to look closely to even see it.

While we are proud of the hunger relief that has been provided so far this year, we still have much to do this holiday season. For thousands of families, the holidays will not be a season of joy. Instead it will be a time of choosing between paying the heating bill and putting food on the table. For many parents, it means struggling to get winter clothes for their children. And for thousands of children, the holidays are a time when they are without a reliable source of breakfast and lunch, because school is out.

Harvest Regional Food Bank depends on the support of our community to fill pantries and provide hope this holiday season and every season. You never know what a difference a box of food will make this Christmas to a child, senior citizen or family in need.

Happy Thanksgiving and Christmas, from the Harvest family to yours.

Sincerely,

A handwritten signature in black ink that reads "Camille C. Wrinkle". The signature is written in a cursive, flowing style.

Camille Coker Wrinkle  
CEO/Executive Director

# HARVEST KICKS OFF NATIONAL HUNGER ACTION MONTH

Harvest Regional Food Bank kicked off national Hunger Action Month with the annual Hunger Action Luncheon held at Williams Memorial United Methodist Church. Special recognition was given to agencies, volunteers and “2018 Hunger Heroes”.



## OUTSTANDING AGENCY AWARDS

Life House Ministries – *Childhood Hunger Partner*  
New Hope Baptist Church – *Senior Hunger Relief*  
United Families of America – *Special Community Partner*  
United Christian Church of Emmett – *New Agency of the Year*  
Foodshare of Arkansas – *Agency of the Year in a Rural County*  
Faith Assembly of God – *Agency of the Year*



## OUTSTANDING INDIVIDUAL AWARD

Mitzi Stuart  
Anthony Higgins



## OUTSTANDING GROUP VOLUNTEER AWARDS

Zeta Phi Beta  
Express Employment Professionals  
Girl Scouts of Arkansas, Oklahoma, and Texas  
Junior League of Texarkana



## ANDREA DARBY VOLUNTEER OF THE YEAR

Drury Hoover



## HARVEST REGIONAL FOOD BANK HUNGER HERO AWARD

**Walmart**  **Foundation**



## THANK YOU TO OUR HARVESTER'S CLUB PARTNERS

To find out how you or your business can become part of the Harvester's Club, please call us at 870-774-1398.

Dr. Ly & Aaron Gaylor



Harvesters Club Partners support Harvest Regional Food Bank's two signature events as well as provide vital program support, each year.





# A GIFT THAT GIVES TWICE

Looking for a holiday gift for business associates, clients and friends? Maybe something other than the usual fruit cake or tin of cookies? Why not spread hunger relief while you spread holiday cheer? Let Harvest do all the work. Simply send us your holiday list and addresses and we'll send each one a personalized holiday card. The message inside will let them know a gift was made by you, or your business, in their honor to benefit hungry families this holiday season.

Suggested donation is \$5 per card and can be made by calling the Food Bank at 870-774-1398, or by email, at [Development@HRFB.org](mailto:Development@HRFB.org). Please send your holiday list before December 15th in order to ensure delivery before December 25th.

**Just think, each \$5 card will provide nearly thirty meals to a family struggling with hunger.**



## THANK YOU FOR YOUR SUPPORT: (GIFTS FROM JANUARY 1, 2018 – AUGUST 30, 2018)

### FOUNDATION AND CORPORATE GIFTS:

Albertsons Companies Foundation – Various Hunger Relief Programs  
Walmart Store Community Grants – Childhood and other Hunger Relief

Feeding America – Various Program Support

CHRISTUS Fund – Fresh Produce Initiative

United Way of Hempstead County – Backpack Program Support in Hempstead County

United Way of Greater Texarkana – Backpack Program Support

Walmart State Giving Fund – Warehouse Renovations and Dock Expansions

AEP/SWEPCO – Mobile Pantry Support and Backpack Program Support

Junior League of Texarkana – Backpack Program Expansion to Junior High Campuses

Wells Fargo – Childhood Hunger Relief

Woodforest National Bank – Various Program Support

First Baptist Church Texarkana, Jerusalem Fund – Childhood Hunger Support

### HONOR ROLL OF GIVING

*(cumulative gifts of \$1,000 or more during the year)*

Adra Hallford  
Arkansas Community Foundation  
Arkansas Hunger Relief Alliance  
Barry Insurance  
Betty Scoggins  
Bobbie Bradley  
Christ United Methodist Church  
Cooper Tire & Rubber Company  
David and Kat Womble  
Domino Federal Credit Union  
Domtar – Ashdown Mill  
Eagle Cutting & Supply  
E-Z Mart  
First United Methodist Church of Ashdown  
James Murphy  
Kelly Morgan Foundation  
Kelly & Lisa Mitchell

Ledwell Machinery/Ledwell Office Source  
McLarty Ford  
Dr. Ly and Aaron Gaylor  
Norma & Fay Jay Durrant  
Northside Assembly of God  
Pattie & Dan Moore  
Phillips & Sons Refrigeration  
Red River Federal Credit Union  
Sherry and Bob Grygotis  
State Bank  
Terry and Kim Youngblood  
Texar Federal Credit Union  
Texarkana Public Schools Foundation  
Thomson Proprietorship  
W.W. Metal Products  
Yates Family Foundation